

Dan Zigmond

Executive Coaching

Who I work with

My clients are accomplished individuals navigating demanding careers who sense that something essential is getting lost along the way and want a more grounded, meaningful way forward.

- Senior executives and VPs navigating leadership transitions and expanded responsibility
- Founders and entrepreneurs scaling through periods of rapid growth
- Technical and non-technical leaders stepping into broader organizational roles, including first-time organizational leaders
- Accomplished individuals seeking a rare space for candid reflection

What we work on

Presence and clarity

How do you stay present and clear when the pace never lets up? I help leaders develop the capacity to meet high-stakes moments, including meetings, conflicts, and decisions, with steadiness and discernment.

Purpose and meaning

Achievement without meaning eventually wears thin. I help clients reconnect with what matters most and align their work with their deeper values.

Transitions and growth

New roles, new companies, new chapters. I help leaders navigate change with confidence, letting go of what no longer serves them and stepping into what comes next.

Sustainable leadership

You can't lead well if you're burned out. I help leaders find ways to perform at the highest levels without sacrificing their health, relationships, or sense of self.

What I bring

I have spent nearly 30 years leading teams at some of the world's most successful companies, including Apple, Microsoft, Instagram, Facebook, YouTube, Google, and Headspace. I know what it takes to perform at the highest levels, and I know what it costs.

As a recognized Zen meditation teacher and ordained Buddhist priest, I bring a perspective that reaches beyond conventional leadership advice. I have taught meditation at San Francisco Zen Center, Esalen Institute, Omega Institute, and Stanford Children's Hospital, among others. Our conversations are held in strict confidence. As a priest, I can also offer a rare kind of protected space when our work turns toward spiritual matters.

How it works

1 We talk

A brief conversation to explore fit. No commitment, no pressure.

2 We begin

Six-month engagement, monthly or twice a month, with flexibility to adjust.

3 We continue

Most clients stay beyond the initial engagement.

Sessions include email or text communication in between, and we can adjust the cadence over time to fit your life.

Investment

I offer two options, both billed monthly: \$2,000 for one meeting a month plus ongoing contact in between (calls, texts, and email as things come up), or \$4,000 for two meetings a month. Either way, the rate reflects the depth, confidentiality, and experience I bring to the work.

If cost is a concern, it's okay to raise that in a first conversation. In some cases, I'm able to adjust cadence or structure.